

PRACTICAL INFORMATION

DAY- RETREAT

An Inner Journey with Magic Truffles (Psilocybin)

Step into a loving, safe environment and give yourself the space to release old patterns, gain insights, and deepen your connection with yourself and the group.

During this guided day ceremony, we work with magic truffles (psilocybin) and, optionally, rapé, a traditional shamanic plant medicine that helps ground you and release blockages.

What's Included

- Guided ceremony with a small group (max. 8 participants, min. 4)
- Intake session & personal preparation
- Optional rapé for extra grounding and depth
- Personal guidance from our experienced and loving team
- Homemade, light meal (soup, sandwich, fruit & drinks)
- Sharing circle to discuss insights and experiences
- Microdosing for home use to support integration
- 1-on-1 integration coaching (30–45 minutes) after the ceremony
- Support via a group chat to share experiences and ask questions

Times – Location: 's-Hertogenbosch

- Saturdays: 10:00 AM – 7:00 PM
- Fridays: 11:00 AM – 8:00 PM

The ending time is flexible; everyone leaves only when they feel ready.

Please arrange pickup and drop-off, or book nearby accommodation!

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Our Team

This is the team that will lovingly guide you during the truffle ceremonies. From left to right: Tatjana, Tanja, Susan.



We create a safe space where both laughter and tears are welcome, because humor is an essential part of the day. A place where you feel at home and truly welcome, allowing you to embark on your inner journey with complete trust.

A Few More Details

- Participation from 21 years and older
- Check for any possible contraindications that may apply to you (information available on the website or by phone)
- Participation is only possible after completing the intake form, so we can guide you safely
- Payment in installments is possible – contact us to discuss options
- Free introductory call available to ask questions and get to know us personally
- **Welcome to your path of healing, awareness, and deepening – a day full of attention, space, and loving guidance**