

JUNE 5TH-7TH, 2026 • HELVOIRT NOORD BRABANT

[www.blissfulhealing.nl](http://www.blissfulhealing.nl)

# THE ENCHANTED WEEKEND RETREAT

AN EXCLUSIVE 3-DAY WEEKEND  
FOCUSED ON DEEP HEALING AND  
TRANSFORMATION

Featuring psilocybin truffle and cacao ceremonies, connected breathwork session, refined vegan cuisine prepared by a private chef, and held by an experienced team in a luxurious retreat setting.

# PROGRAM

FRIDAY, JUNE 5, 2026



## *Friday – Arrival, Opening & Settling In*

- **14:00–15:00 | Arrival & Check-in**

- Feel the earth beneath your feet, breathe in the fresh forest air, and gently arrive. Meet the facilitators and settle softly into the rhythm of nature.

- **Opening Circle**

- We begin together by setting intentions and creating a safe, healing space where everyone feels welcome and held.

- **Cacao Ceremony**

- Gently open your heart through a ceremonial cacao ritual that connects you with yourself, the group, and the healing energy of the retreat.

- **Guided Breathwork Session**

- Through conscious breathing, you are invited to release tension, soften energetic blockages, and break through old patterns.

- **Vegan Dinner prepared by our Private Chef**

- A nourishing, lovingly prepared meal that supports both body and mind.

- **Evening Reflection**

- With warm herbal tea and journaling, you gently close the day and begin the process of integration.

# PROGRAM

SATURDAY, JUNE 6, 2026



## *Saturday – Deep Healing & Transformation*

- **Morning Ritual & Breakfast**
  - Breakfast once again lovingly prepared by our private chef.
- **Nature & Wellness Time**
  - Walk through the forest, allow the silence to settle in, relax in the sauna or hot tub, or take time for yourself to quietly reflect and rest.
- **Guided Psilocybin Truffle Ceremony**
  - The heart of the retreat: a psilocybin truffle experience, held with care and love by experienced facilitators. You will receive full emotional, physical, and energetic support throughout the journey. The ceremony is intentionally designed to be safe, grounded, and loving, with guidance, music, and aftercare.
- **Rapé (available throughout the day)**
  - Rapé is a sacred Amazonian snuff that helps quiet the mind, release tension, and deepen your connection with yourself and the present moment.
- **Gentle Landing & Integration**
  - After the ceremony, there is spacious time to rest, share, journal, and slowly return, allowing insights to settle and deepen.
- **Vegan Dinner prepared by our Private Chef**

# PROGRAM

SUNDAY, JUNE 7, 2026



## *Sunday – Integration, Reflection & Closing*

- **Morning Ritual & Breakfast**
  - Breakfast once again lovingly prepared by our private chef.
- **Sharing Circle & Integration**
  - We reflect together on the weekend and you receive tools and support to help anchor your insights into daily life.
- **Closing Circle**
  - We come together one last time to close the weekend in connection and gratitude.
- **~14:00 | Departure**



# PRACTICAL INFORMATION

## WEEKEND RETREAT

### *What's Included*

- Opening cacao ceremony
- Guided breathwork session
- Guided truffle ceremony with experienced facilitators
- Rapé (optional, available on request throughout the weekend)
- All meals prepared by a private chef
- Pick-up and drop-off service from Vught station
- Access to sauna & hot tub
- Forested and natural surroundings
- Microdosing package for home use
- 1:1 online integration coaching session (30–45 minutes)
- Group integration call after the retreat
- Community chat group for connection, questions, and support

### *Accommodation & Pricing*

- Maximum of 12 participants for personal and attentive guidance.
- 2 luxury shared dormitories (2×6 beds)
- Private en-suite room
  - Pricing:
  - €130 per person for shared room
  - €260 for private booking

#### **Early Bird — €1,049 per person**

Available for the first 6 participants or until March 31, 2026

#### **Standard Price — €1,399 per person**

# PRACTICAL INFORMATION

## WEEKEND RETREAT

### *Safety, Intake & Contraindications*

Your safety and well-being are our highest priority.

Participation in the truffle ceremony or breathwork sessions requires medical and psychological suitability.

All participants must complete a mandatory intake and safety screening before confirmation.

Certain medical conditions, medications, or psychological history may constitute a contraindication.

If participation is deemed unsafe, alternatives will be discussed.

Please see the full list of contraindications on our website.

If in doubt, you are always welcome to contact us for personalized advice.

### *Payment*

- To secure your spot, a deposit of €300 is due upon booking.
- A second payment of €500 is kindly requested by April 20, 2026, and the remaining balance can be settled by May 8, 2026.

Flexible installment arrangements are possible, as long as the deadlines are honored. We're happy to assist if you have any questions or need support with payments.

# PRACTICAL INFORMATION

## WEEKEND RETREAT

### *Cancellation Policy*

We invite you to book this retreat with care and attention. Our retreat location operates with fixed agreements, which also apply to us. Should life take an unexpected turn, here is the policy we rely on together:

- The €300 deposit confirms your spot and is non-refundable.
- Cancellations up to 12 weeks before the retreat: 50% of the total investment is non-refundable.
- Cancellations between 12 and 6 weeks before the retreat: 75% of the total investment is non-refundable.
- Cancellations within 6 weeks of the retreat: 100% of the total investment is non-refundable.

If you are unable to attend, you may transfer your spot to someone else, provided they successfully complete the mandatory safety screening.

Please note that late arrivals, early departures, or opting out of certain activities unfortunately cannot be refunded — we appreciate your understanding.

In cases of serious illness or unexpected circumstances, we warmly encourage you to reach out to us. We will always approach each situation with an open heart and careful consideration, within the framework of our location. 🧡

# PRACTICAL INFORMATION

## WEEKEND RETREAT

### *Step into this Healing Adventure*

Spaces for this exclusive three-day retreat are **limited to 12 participants**, allowing us to create a safe, intimate, and loving environment. Here, you are given the space to slow down, heal, and connect deeply with yourself and others.

The stay itself is an essential part of the experience: sleeping, eating, and being together in this luxurious, natural setting all contribute to your healing and transformation. This makes it very different from a day retreat — here, you fully live in the rhythm of the weekend, allowing you to truly experience its magic.

Our experienced and dedicated team is available throughout the entire weekend to support you in whatever you need. You can fully trust in their guidance and care as you surrender to the process.

Reserve your spot and step into a weekend of deep healing, transformation, and inner awakening. Enjoy truffle and cacao ceremonies, connected breathwork, refined vegan meals prepared by a private chef, and luxurious accommodations amidst nature.

For added convenience, pick-up and drop-off from Vught station is available, so you can participate worry-free.

This is an exclusive retreat that we will likely host only once or twice a year — a unique opportunity to gift yourself this transformative experience.

With love,  
**Tatjana & Team**  
blissfulhealing.nl