

"For me, it brought a special sense of **peace** in the first few days.

Afterward, it marked the **beginning of the change** I had been **searching for so long** and was finally brave enough to embrace. And yes, it's a bit uncomfortable, but I'm one step further now.

For those who are too much in their heads, here's a little **reassurance**: it's challenging, but you can still maintain some control and begin the journey toward the solution you've been seeking.

In a very **loving** and **safe way**, Marie-José and Tatjana let you experience what you need and what you can handle in that moment.

The **preparation** and **aftercare** are both **professional** and **personal** at the same time.

In addition to love and connection with truly remarkable people, it really brings something beautiful.

Do it! •"